



# thecollegian

INDEPENDENT VOICE FOR KANSAS STATE UNIVERSITY



Tomorrow:  
High: 73 °F  
Low: 54 °F



Saturday:  
High: 74 °F  
Low: 50 °F

03

Back on track  
The volleyball team  
looks ahead after  
resuming winning ways

05

Hospital-free  
HIV home testing kits  
to be available over  
the counter in October

06

'Tempest' impresses  
Michael Stanton gives  
Bob Dylan's newest  
album a 4.5-star rating

## Red Cross falling short on donation goals



Hannah Hunsinger | Collegian

American Red Cross employees draw blood from student donors in the K-State Student Union Ballroom on Tuesday afternoon. The drive has collected 380 pints of blood so far, but Wednesday's total fell short of the day's goal, putting the Red Cross behind on their overall goal of 800 pints.

Jena Sauber  
staff writer

### Wednesday's turnout hampered by rainy weather; 2 days to go

K-State's fall 2012 American Red Cross blood drive is falling behind on its overall goal of 800 pints. As

Wednesday ended, with two days left, the grand total was 380 pints — 40 pints short of the mark organizers had hoped to reach that day.

Kristi Ingalls, senior donor recruitment representative for the Manhattan branch of the American Red Cross, attributed the lower-than-expected turnout on Wednesday to rain and urged K-Staters and Manhattan residents to support the blood drive despite the weather.

The blood drive started on Tuesday and ends Friday. The American Red Cross must collect an additional 420 pints in the next two days to meet their 800-pint goal.

"I feel great about how the turnout has gone so far. We've had a really steady flow of students coming in," Ingalls said. "The second and third days are typically the best."

Based on results from Tuesday and the earlier part of Wednesday,

Jennifer Keller, program and communications manager for the Central Plains region of the American Red Cross, said she was optimistic about the remainder of the drive.

"We would love to see it continue to be strong and steady. When it's really too busy, it's not good for our staff, and it's not good for students," Keller said. "It's good to see a nice,

BLOOD | pg. 8

## University to keep using 'K-State' moniker

### Erroneous media reports behind rumors that K-State will drop popular nickname

Mike Stanton  
assistant news editor

In a statement released Wednesday afternoon, K-State President Kirk Schulz denied reports that the popular nickname K-State would no longer officially be used in reference to the school.

According to the press release, remarks that Schulz made regarding the representation of the university to audiences outside of the region were misconstrued.

The remarks came in a discussion regarding K-State's plan to be recognized as a top-50 public research university by 2025. Schulz stated that the "K-State" moniker is often misunderstood by audiences in other regions, specifically in academic circles, where "Kansas

"K-State is part of our brand DNA. It's not going away."

Joe Morris  
vice president of  
communications and marketing

State University" is preferred for its clarity. K-State could easily be confused with other universities like Kentucky State University in such a setting.

"The nickname K-State has become common to those of us in the state and region, and we recognize the strength of being known to certain audiences as K-State," Schulz said in the statement. "Whatever we're called, we are still committed to our goal of rising to the Top 50."

Over a 10-hour period, Schulz sent out more than 25 tweets attempting to quell the rumor. One such tweet read "Folks - we are NOT dropping the use of 'K-State'! We are simply using Kansas State University more strategically than in the past. #KState."

"K-State" is part of our brand DNA," said Jeff Morris, vice president for communications and marketing, according to the press release. "It is not going away."

## Campus' potential for alternative energy needs support, funding

Mike Stanton  
assistant news editor

This week, Manhattan is hosting the Kansas Statewide Wind Energy Forum, a gathering of experts in the field of wind energy from around the country. According to James Guikema, associate vice president of research at K-State and a speaker at the forum, the goal of the conference is to propose "projects that are novel, new and exciting" in the arena of alternative energy.

A July report released by the U.S. Department of Energy's National Renewable Energy Laboratory ranked the wind energy production potential of the state of Kansas second in the United States, behind only Texas, a

state more than three times its size.

Ben Champion, director of sustainability, "would definitely say" the university's Manhattan campus has the potential to use alternative energy sources effectively to reduce reliance on fossil fuels.

"First and foremost, the most sus-

ENERGY | pg. 8

Evert Nelson | Collegian  
Student talk outside of the Leadership Studies Building on a rainy Wednesday afternoon. The leadership building was given a gold LEED certification, awards are given to encourage the development of



## Report predicts huge rise in Kansans' obesity; students urge healthier lifestyle

Zach Foley  
staff writer  
Mike Stanton  
assistant news editor

A report released Sept. 18 by the Robert Wood Johnson Foundation and the Trust for America's Health predicts that almost 45 percent of all adults in America will be obese by the year 2030. This would be an increase from the current obesity rate, which is 36 percent for adults and 17 percent for children aged 2 to 19, according to the Centers for Disease Control and Prevention.

The state of Kansas currently has an obesity rate of just below 30 percent but is expected to jump to 62 percent by 2030, which would make it the seventh most obese state in the country.

First lady Michelle Obama has been an advocate for the reduction of obesity in children and was a proponent for the Healthy Hunger-Free Kids Act of 2010, which limits school lunches from having more than 850 calories. How-

ever, there is no way to regulate the caloric intake of students on a college campus.

"I think college students take it into their own hands to be healthy or not," said Sydney Ho, a freshman in education. "Some have really unhealthy habits. Pizza is not a vegetable."

Other students blame the dining halls for the overall unhealthiness of students.

"Our food is so commercialized," said Brendan Gregory, sophomore in architecture. "Why does an agricultural school not take advantage of our resources?"

The dining centers on campus provide a salad bar, serve fresh milk from cows raised on campus and provide a variety of fresh fruit, as well as less healthy options like pizza and cheeseburgers, leaving it up to students to make the right choices.

"I'm happy with the healthy food choices [at Derby Dining Center]," said Erika Peters, freshman in microbiology. "They have plenty of options if you're really trying to be

healthy, but the unhealthy choices can be rather tempting."

Soda and other sugary drinks can be a poor choice for those trying to stay healthy as they can negate exercise and healthy eating, according to a Nov. 7, 2011, USA Today article by Daylina Miller. Miller also says that college students gain the notorious "freshman 15" because of unhealthy eating habits, lack of sleep and exercise.

"Obesity is not a joke," Ho said. "Maybe you don't care about your body image in college, but when you're 200 pounds now, you will only get heavier throughout life."

Most people gain weight as they age, but the predicted increase in obesity goes beyond the individual to the state and national level. Massachusetts is the third least obese state in the country and even its rate increased from 18 to 22 percent between 2005 and 2011.

Several ways students can avoid obesity include taking advantage of the healthier op-



Photo illustration by Tommy Theis | Collegian

A Sept. 19 report predicts Kansas' obesity rate will rise from below 30 percent to 62 percent. Encouraging a healthier lifestyle in college students might be part of the solution, students say.

Design  
Contest

Students show your

creativity

See page 3



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Solution time: 25 mins.

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61 Mound stat

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Logan’s Run | By Erin Logan



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THE BLOTTER

ARREST REPORTS

Tuesday, Sept. 25

Jacob Peter Katz, of the 1300 block of Houston Street, was booked for possession of stimulants or opiates, opium or narcotic drugs. Bond was set at \$3,000.

Kevin Joseph Green, of the 1000 block of Vattier Street, was booked for proba-tion violation. Bond was set at \$1,000.

Joshua William Dixon, of the 3200 block of Cloud Circle, was booked for mis-deemeanor theft and misde-meanor use of a falsified, mu-tilated, altered or nonexistent financial card. Bond was set at \$3,000.

Wednesday, Sept. 26

Keith Alan Buelow, of Marysville, Kan., was booked for sale or distribution of stimulants, use or possession of paraphernalia to introduce into the human body and possession of paraphernalia to grow or distribute mari-juana. Bond was set at \$4,000.

Matthew Jace Lee, of Ogden, was booked for driv-ing under the influence. Bond was set at \$1,500.

Compiled by Katie Goerl

LETTERS TO THE EDITOR

The Collegian welcomes your letters. We reserve the right to edit submitted letters for clarity, accuracy, space and relevance. A letter intended for publication should be no longer than 350 words and must refer to an article that appeared in the Collegian within the last 10 issues. It must include the author's first and last name, year in school and major. If you are a graduate of K-State, the letter should include your year(s) of graduation and must include the city and state where you live. For a letter to be considered, it must include a phone number where you can be contacted. The number will not be published. Letters can be sent to [letters@kstatecollegian.com](mailto:letters@kstatecollegian.com)

Letters may be rejected if they contain abusive content, lack timeliness, contain vulgarity, profanity or falsehood, promote per-sonal and commercial announcements, repeat comments of letters printed in other issues or contain attachments.

The Collegian does not publish open letters, third-party letters or letters that have been sent to other publications or people.

CORRECTIONS

If you see something that should be corrected or clarified, please call our managing editor Darrington Clark, at 785-532-6556, or email him at [news@kstatecollegian.com](mailto:news@kstatecollegian.com).

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• Deadline: Nov. 9 (for ALL team's posters)

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thecollegian



# Senior volleyball co-captain reflects on leadership

Mark Kern  
sports editor

The key to this K-State volleyball team has been the leadership displayed by its veterans. Senior co-captain Kathleen Ludwig is a leader of the Wildcat team and a player others look to for motivation. Ludwig is also an offensive force for the Wildcats; on the season, she is ranked third on the team in kills with 82.

Ludwig sat down with the Collegian on Wednesday afternoon to discuss the season, and how she became a K-State volleyball player.

**Q.** Besides playing volleyball, you were very suc-

cessful in track in high school. Was track an option for college or were you set on playing volleyball?

**A.** "It was mainly volleyball. I enjoyed track. I liked running and jumping in high school for a few years, but volleyball had been my main focus. I had been playing club volleyball since I was in the fifth grade, so I had been traveling and playing year-round, so it was kind of volleyball all the way for me."

**Q.** You were a redshirt for your freshman year. Can you talk about what you learned that year and how it has helped you improve your game?

**A.** "It helped me tremendously in a lot of areas, to be honest. I had a year to get stronger and get used to the intensified level of play. It is a pretty big jump. It doesn't matter where you went to high school, it is a big jump. It also made me hungrier. I missed competing, and I wanted so badly to get out there and compete."

"At the time it was difficult, because nobody wants to sit on the sideline. I am so happy that I have this year and that I am able to be here and part of this team."

**Q.** As a co-captain of the team, after the Oklahoma game, did you feel that it was on you to help the

team put it in the past and move forward?

**A.** "The first thing that I said was there is nothing we can do except learn from it. We can't take it back. It was something that wasn't ideal, and none of us wanted or expected, but all we can do is learn from it. You can't hang on to any win or loss for too long. That was the initial thought."

"If we can bounce back and recognize when we are in those situations in the future and fix them quicker, then we can maybe come out with the win. Let's use it to learn from it and let it go, and there is nothing else to do but look forward."

**Q.** You are also an elementary education major. Do you feel that being a captain and working in the classroom can go hand-in-hand?

**A.** "I see a lot of connections of teamwork and playing together in leadership and teaching. I think that a lot of it is what each individual person needs. It is important to recognize that no two players are the same, just like no two students are the same. It has definitely helped me out in learning different styles and how everyone is the way that they are. That is what makes it special and that's how we can work together and use that to our advantage."

## Wildcats set for first home match of Big 12 Conference play



Emily DeShazer | Collegian

Senior opposite hitter **Kathleen Ludwig** and senior middle blocker **Alex Muff** attempt to block a hit in the win over Nebraska-Omaha on Saturday at Ahearn Field House, their first win this season in conference place. The Wildcats' next game is against West Virginia tonight at 7 in Ahearn Field House.

John Zetmeir  
staff writer

K-State's volleyball team will square off with the University of West Virginia for the first time tonight in K-State's first home Big 12 Conference match of the season. The Wildcats will come to Ahearn Field House with a record of 13-1 and ranked No. 15 in the nation, while the Mountaineers boast a record of 8-7.

After starting the season off 12-0, a school record, the Wildcats lost their first Big 12 match of the season

to the University of Oklahoma on Sept. 19 in straight sets. Going into the match with Oklahoma, K-State had only lost a total of four sets all season. K-State was able to bounce back on Saturday by defeating The University of Nebraska-Omaha in straight sets.

Freshman hitter Hannah Sackett is carrying much of the scoring load for the Mountaineers so far this season, with a team high 152 kills. West Virginia is 1-3 so far this year on the road and are coming off of a loss to TCU. The Mountaineers went up 2-0 before allowing TCU to win three straight sets.

Junior middle blocker Kaitlynn Pelger has been a

key part of K-State's success so far this season. The All-American candidate is currently the leader on the team in kills and second in digs.

Senior setter Caitlyn Donahue also plays a key role for the Wildcats. Donahue is currently second in the Big 12 in assists per set with 11.67. It is her responsibility to get the ball to the Wildcat hitters to allow them to score points on offense.

Opening serve is scheduled for 7 p.m. at Ahearn Field House. The first 250 students get free '70s-style K-State tube socks and will be given a voucher to pick up the socks after halftime.

## Two-minute drill

Mark Kern  
sports editor

**NFL**  
After Monday night's unbelievable finish between the Seattle Seahawks and the Green Bay Packers, there was a more demanding call for the old officials to get back as soon as possible. According to ESPN's Adam Schefter, the NFL and the NFL Referees Association appear to be very close to a deal. One source for the two sides told ESPN that the two sides are very close to an agreement, and that there is a possibility that the referees could be ready in time for this weekend's games.

**NCAAF**  
One of the most successful coaches in the history of college football, Tom Osborne is retiring as the Athletic Director of Nebraska on July 1. His overall career during his coaching days in Lincoln was 255-49-3, including three national championships. During his career, no Nebraska team won less than nine games in a season.

He took over as the Athletic Director in 2007, when Nebraska was coming a 5-7 season and struggling as a program. He has helped get Nebraska on the right track to reach its old tradition. Nebraska is currently ranked 22nd this year and figures to contend for a Big Ten title.

**MLB**  
One of the biggest Albert Pujols supporters out there, former St.Louis Cardinals manager Tony La Russa, made headlines by saying the Cardinals made the right decision not to offer Pujols a 10-year contract.

"I think Albert is perfect -- I call him Albert P. Pujols for Albert 'Perfect' Pujols, but I don't think that I would ever endorse a contract beyond six years, tops," said La Russa On ESPN's First Take.

Pujols went on to sign a 10-year, 254 million dollar contract with the Angels in the off-season, and soon-to-be free agent Josh Hamilton figures to be looking for a contract similar to Pujols.

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## Men's, women's golf teams both place in tournaments

Mark Kern  
sports editor

The K-State men's and women's golf teams both placed in tournaments this week, as the men took ninth place at the St. Mary's Invitational, held Monday and Tuesday in Monterey, Calif., and the women took third place at the Marilynn Smith/Sunflower Invitational in Lawrence on Tuesday.

### MEN'S INDIVIDUALS SCORES

T22. Daniel Wood, 77-74-70--221 (+5)

T42. Ben Juffer, 75-78-75--228 (+12)

T42. Alex Carney, 80-73-75--228 (+12)

T52. Matt Green, 81-73-76--230 (+14)

T69. Hank Simpson, 82-74-79--235 (+19)

### WOMEN'S INDIVIDUAL SCORES

6. Whitney Pyle, 74-76-76--226 (+10)

8. Gianna Misenhelter, 75-75-79--229 (+13)

10. Olivia Eliasson, 76-79-77--232 (+16)

T11. Hanna Roos\*, 81-79-74--234 (+18)

T39. Carly Ragains, 81-84-77--242 (+26)

56. Scotland Preston, 80-84-84--248 (+42)

T69. Laura Hildebrandt\*, 84-92-87--263 (+47)

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# Calorie-light snacks give students guilt-free options



Kate Haddock

Eating healthy can be extremely difficult in a world filled with unhealthy food choices. The worst culprit seems to be snack foods, which almost automatically fall into the realm of junk food. We are all familiar with that 3 o'clock hunger and its diet-ruining potential. The fact is that junk food with little nutritional value is easier to access on campus and may seem to be the only option for your growling stomach at snack time.

I'm here to ask you to think twice before you reach for that candy bar and consider the options. There are snacks out there that you can guzzle down without a guilty thought and that have more nutritional value as well. Eating these snacks will make maintaining your health seem like a breeze, and they will satisfy your afternoon munchies as well.

**Fresh veggies and fruit**

This snack idea may seem a bit obvious, but it is still highly underrated. Fresh fruit is really good for you and it can satisfy that sugar craving you have with little penalty for the extra sugar. Take the fantastic banana, for example, which can give you an amazing amount of energy for a low number of calories. Vegetables are even better than fruit when it

comes to snacking. If you are the type of person who needs a lot to chew on to feel satisfied, go with items like carrots and celery. They practically represent negative calories and you could eat a whole bag if you wanted to with little consequence to your health.

**Sliced turkey**

It may sound unusual, but if you need a more hearty snack to hold you until dinner, cold cut turkey is the way to go. Turkey is amazingly healthy for you; six slices of Oscar Meyer Smoked Turkey Breast have only 45 calories. I scarf this stuff down like candy to fill my stomach and obtain that important protein requirement.

**Light yogurt**

When I need something portable I always turn to the classic light yogurt. It is easy to store and transport and it fills you up with a considerable amount of yogurt per container. At less than 100 calories, light yogurt gives you a nice bit of dairy and fruit as well. Go for the light brands because they are made to be low-calorie.

**Tootsie Pops**

I certainly wouldn't be keen on dieting if I couldn't have any candy at all. For those of us with a sweet tooth, the Tootsie Pop is a low-calorie treat that won't break your health bank. You can't gulp these down like carrots, but you can certainly use them as your guilty pleasure candy for healthy living. Tootsie Rolls are equally light in calories.



Tommy Theis | Collegian

Fresh fruits, like these apples and oranges in the K-State Student Union food court, make a healthy, natural snack with a low calorie count that also satisfies the sweet tooth.

**Unhealthy snacks that appear innocent**

The biggest snack-time villain is the snack posing as something better than it is. One of the worst of these snacks is the baked good. Skip the banana breads and tasty scones; they pack a wallop, especially in the sizes

they are served in at coffee shops. These baked goods are especially delicious because they contain a lot of fat and sugar. These ingredients also make them particularly high-calorie with less long-lasting fullness.

Tortilla chips are also a tricky snack. The nutrition label may indicate a normal number of calories,

but consider how often you eat only seven chips. Flavored chips can be even worse. Try baked chips or Smart Pop Popcorn for that satisfying crunch with less of a penalty.

Kate Haddock is a sophomore in English. Please send comments to [edge@kstatecollegian.com](mailto:edge@kstatecollegian.com).

# Food poisoning can come from unexpected sources, including norovirus



Karen Ingram

A friend of mine recently ate an apple without washing it. She reasoned that it was safe because it was organic and had no pesticides.

While I'm all for eating healthier food, just because something is organic doesn't mean it's totally "safe." One of the biggest causes

of food poisoning in this country is unwashed fruit and vegetables. Why? Because people don't often think about it. Everyone knows you can get food poisoning from undercooked meat, but a lot of people don't seem to realize that you can get sick from unwashed fruit and vegetables. There's also the matter of cross contamination in your kitchen that can make otherwise safe food tainted with bacteria.

The Centers for Disease Control and Prevention reported 48 million people in the U.S. got food poisoning last year. That's one in six people. Of those 48 million, about a quarter of them got sick enough to go to the hospital and 3,000 people

died. Poultry and beef were the two biggest sources of foodborne illness, but almost as many people got sick from leafy vegetables.

You might recall that back in August there was an outbreak of salmonella traced back to tainted cantaloupes. There have also been a couple of incidents of salmonella in peanut butter in the last few years. A particularly bad outbreak back in 2009 got a friend of mine dreadfully ill, as well as about 500 other people in 43 states and Canada.

Salmonella and E. coli are two of the most common bacteria people know about from the news, but the CDC reported that the No. 1 pathogen contributing to food-

borne illness last year was actually norovirus. This nasty little virus is highly contagious and can be contracted from contaminated food and water, but also from contaminated surfaces and even infected people. The symptoms of norovirus are very similar to other kinds of food poisoning: stomach pain, nausea, diarrhea and vomiting. According to the CDC, norovirus is responsible for roughly 70,000 hospitalizations and 800 deaths each year.

Food poisoning is not fun, and it's certainly nothing to take lightly. Although most people who die of food poisoning are people with weaker immune systems, such as small children and the elderly, it can

knock anybody down.

It's better to be safe than sorry. Always thoroughly wash your fruits and veggies. Pay attention when you're handling raw meat in the kitchen; don't let other foods get near raw meat, and never use the same utensils, plates or cutting boards for veggies after using them for raw or undercooked meat. This includes barbecuing, fellas.

It doesn't take much to accidentally contaminate your food, and you'll be paying for it for days afterward.

Karen Ingram is a senior in English. Please send comments to [edge@kstatecollegian.com](mailto:edge@kstatecollegian.com).

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## Drugstores to start selling HIV home test kit in October

Mandy Mulich  
staff writer

In July, the Food and Drug Administration approved an over-the-counter HIV test, OraQuick, which allows people to check themselves at home for the virus that causes AIDS. The results show up within 20 to 40 minutes after the completion of the test.

Many Americans are unaware that they have HIV because, initially, there are no or few symptoms. According to a July 3 USA Today article by Matthew Perrone, government officials estimate one in five HIV carriers do not know they are infected.

OraQuick, marketed by OraSure Technologies Inc., was created in hopes of lowering that number and minimizing the spread of the virus. HIV testing is not currently included in routine check-ups, and testing carries a stigma in many parts of the world.

Walgreens, CVS, Walmart and online pharmacies will begin selling the test kit in October. The price is still unknown, but it is estimated to be less than \$60.

Many people have criticized the use of home HIV tests because medical professionals are not there with the patient.

“People will definitely miss out on that benefit of having counselors there,” said Julie Gibbs, assistant director of Lafene Health Center.

Doug Michels, CEO of OraSure, said the company will provide a 24-hour, toll-free call center for counseling, according to the USA Today article. The call center operators will answer questions ranging from how to use the product and what to do when the results come in to what HIV actually is.

The test is billed as a convenient way to get checked for HIV without having to seek medical attention right away, but it is recommended that those who take the test schedule a follow-up visit with a doctor. When used by medical professionals, the test shows accurate results 99 percent of the time. However, a trial by OraSure found that in the hands of consumers, the test is only 92 percent accurate in identifying carriers of the virus.

“I do not agree with the home HIV test. This is a serious virus and people should rely on the legitimacy of a doctor-ordered test,” said Abby Katt, certified nursing assistant at Meadowlark Hills Retirement Community. “I do not think that people who believe they may be HIV-positive would be any more will-



courtesy photo

OraQuick, an over-the-counter HIV testing kit approved by the FDA in July, will be available for purchase next month in pharmacies and drugstores. The Centers for Disease Control estimates 1.2 million Americans carry the HIV virus, but only one in five are aware they have it.

ing to take a home test than a doctor-ordered one.”

Michels said in a July 5 Medical News Today article that this home test would be a “major breakthrough.” However, only time will tell if people respond positively to it.

“I believe this product will become very useful to people who are intimidated coming to a professional setting to get their test done,” said Molly Curtis, a nurse technician in Overland Park, Kan. “This is very much like a home pregnancy test. They are both set up for someone trying to get a quick response. After finding out the results, you can go to the doctor and find out what your next step is.”

The Centers for Disease Control and

Prevention report 60,000 new cases of HIV infection each year and estimate that 1.2 million people are currently living with the disease in the United States. OraQuick is one measure among others that might help prevent the spread of the virus.

Another method that aims to The U.S. Preventive Services Task Force is trying to make HIV testing a standardized part of routine checkups, just like getting cholesterol levels tested. There are hopes that making the test a routine procedure would reduce the stigma attached to it.

“I absolutely think that HIV should become a routine test,” Katt said. “It will help people become more aware of the virus.”

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# Bob Dylan’s ‘Tempest’ a moody, though-provoking album for the ages

“Tempest” by  
Bob Dylan  
★★★★★  
album review by Mike Stanton

Bob Dylan is 71 years old. Most people his age are retired, enjoying the twilight years of their lives in peace and quiet. Not Dylan. The singer-songwriter released his 35th studio album on Sept. 11, a 10-track record called “Tempest.”

Dylan, who has played music since his early teenage years in Hibbing, Minn., has long been considered one of the greatest lyricists in musical history. Last year, Rolling Stone ranked Dylan as the second greatest artist of all time behind only the Beatles. “Like a Rolling Stone,” a single released in 1965, is considered by many, including Rolling Stone, to be the best song ever written. Dylan has decades of top-notch music to live up to, and “Tempest” delivers.

Like any of his previous works, the first thing about “Tempest” that strikes the

listener is Dylan’s voice. Gravelly and hoarse from 50-odd years of overuse, it immediately jumps out over the bluesy, swing-style music of “Duquesne Whistle,” the album’s first song. Dylan follows up “Duquesne Whistle” with “Soon After Midnight,” a slow, melodic love ballad. Dylan’s trademark indignation is showcased in “Narrow Way.” The rebel in Dylan that made him a figurehead in the social revolutions of the ’60s shines through on “Pay In Blood,” a criticism of corruption in politics.

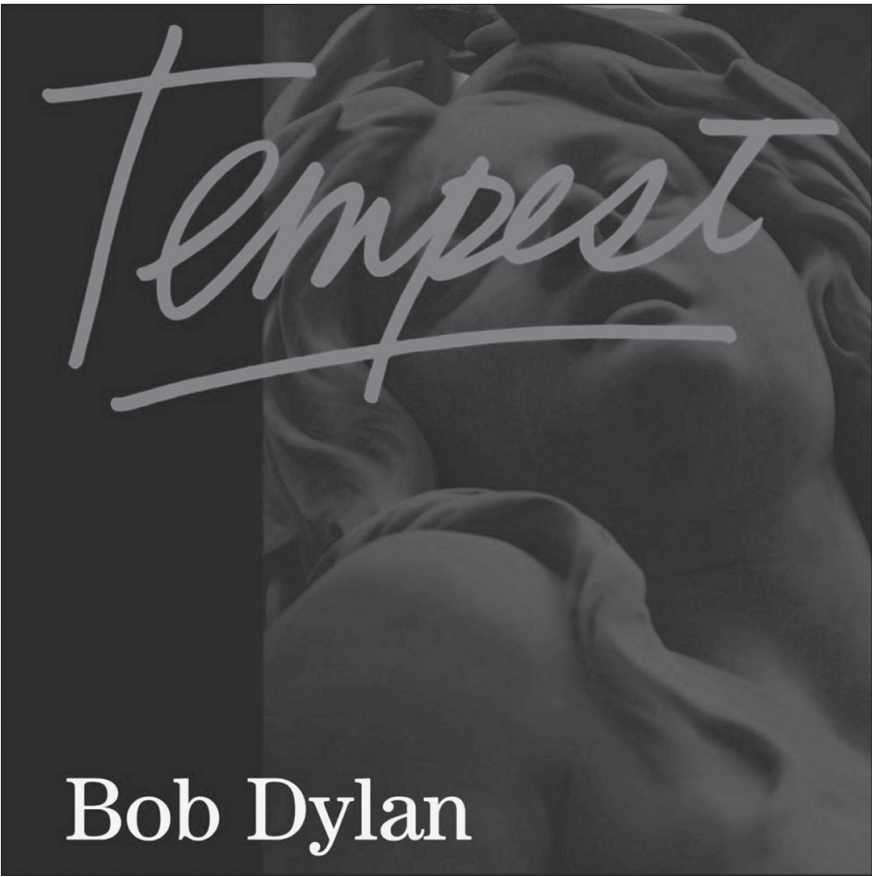
“Tin Angel,” a powerful, nine-minute ballad about a deadly love triangle, is one of the darkest songs in Dylan’s career, but is poetically brilliant all the same. When a man referred to as “The Boss” is informed that his lady was swept away by another man in the dark hours of the morning, he sets out for revenge. When “The Boss” found the two lovers, he stormed inside, and began arguing with the other man, who shot him down. When the lady saw her husband dead on the floor, “she raised her robe/ and she drew out a knife.” She then

stabs herself through the heart, collapsing on the floor; “all three lovers/ together in a heap/ thrown into the grave/ forever to sleep.”

The final song on the album is a tribute to Dylan’s friend and fellow musical genius, John Lennon. The emotion is easy to hear in “Roll On John,” which features a few nods to Lennon’s lyrics: “I heard the news today, oh boy/ they hauled your ship up on the shore” and “another day in the life/ until your journey’s end.” “Shine your light/ move it on/ you burn so bright,” Dylan sings, saluting the foremost member of the greatest band in history. “Roll on, John.”

I give “Tempest” 4.5 out of 5 stars. It is moody, dark, sad and thought-provoking. Dylan’s lyrics, as always, are ingenious, and the bluesy, folk-inspired music works well with his older voice. The album is a masterpiece, one of the greatest in Dylan’s illustrious career.

Mike Stanton is a freshman in journalism and mass communications. Please send comments to [edge@kstatecollegian.com](mailto:edge@kstatecollegian.com).



Courtesy photo

# Collection’s dark humor not for everyone

“Merciful Flush”  
★★☆☆☆  
Book review by Kelsie Johnson

Lance Manion’s second book, “Merciful Flush,” reads almost as though the author is taking mundane everyday memories and tinkering with them a bit to make for an interesting blog, which is how this book first started over five years ago.

Each story in the compilation is its own and does not rely on the previous story to make sense, and it’s hard to tell if the stories are fiction, nonfiction or a blending of the two. It has a very Chuck Palahniuk feel to it. A few of the stories have moments of wittiness or humor, but others aren’t humorous at all, just a little bit sinister. Likewise, some of the stories are not all that well written, but there are also a few that are done really well.

The start of the book was very good at catching your attention. The first story, “Happy to Help,” is more witty and comical, and it makes for a good introduction to Manion’s humor. “Unconstructionism” is beautifully written, pretty funny and almost makes you want to sit down and ponder what you just read.

“A Nice Hot Shower,” however, sort of makes you want to cringe and never take a hot shower again. It also makes you wonder, was Manion on drugs? “Joy Ride” is another one of the questionable stories, which describes a horrific memory from his childhood in a joking manner, but you’re not sure if the story is real or how you’re supposed to feel at the end of it.

The book has been compared to Tina Fey movies, “Bridesmaids” and “The Hangover.” Being a fan of those things, I expected to like this book much more than I actu-



Courtesy photo

ally did.

Manion jumped from idea to idea and story to story so quickly, I had trouble paying attention and keeping up. A lot of specific details are left out throughout the book, so it is up to the reader to decide how the people and places in the book look, which is an interesting twist. The author description at the back of the book reads, “Lance Manion looks exactly how you want him to look.”

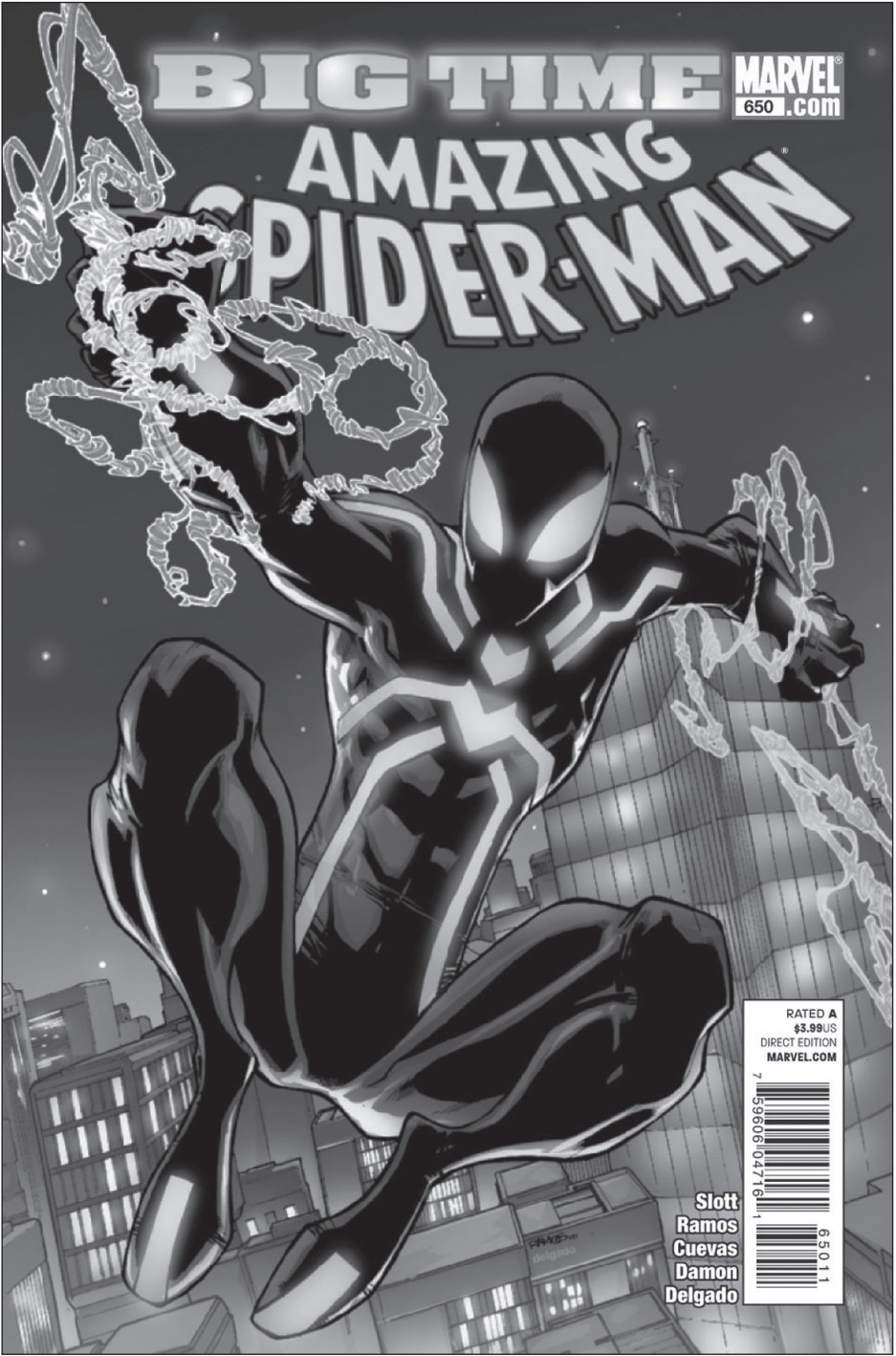
The book was good and very creative, especially for someone who has had blogging success, but there were a lot of spelling and punctuation errors that I

found distracting. The book has potential, but Manion really needs a good editor.

Would I recommend it? Probably not, unless you like creepy dark humor and books that change story lines from chapter to chapter. If you are into a more edgy-funny rather than comical-funny, this might be the right book for you. I give “Merciful Flush” 2 out of 5 stars, and that’s saying a lot because I love to read.

Kelsie Johnson is a sophomore in journalism. Please send comments to [edge@kstatecollegian.com](mailto:edge@kstatecollegian.com).

# ‘Big Time’ a refreshing return to form for Spider-Man thanks to new writer



Courtesy photo

“The Amazing Spider-Man: Big Time”  
★★★★★  
Graphic novel review by Brian Hampel

The Spider-Man comics have been through some rough times in the past few years. In 2007, I kid you not, Spider-Man made a literal deal with the devil. Mephisto, the Marvel Universe’s devil, brought Aunt May back to life and made the world forget Spider-Man’s secret identity in exchange for undoing Peter’s marriage to Mary Jane. It was even dumber than it sounds.

In 2010, after sales had (rightfully) plummeted, Marvel assigned Dan Slott to write for Spidey and fix the mess they had created, and the result, “The Amazing Spider-Man: Big Time,” is a refreshing return to form for the wall-crawler.

Unfortunately, Slott can’t escape the continuity disaster of the deal with the devil, but he does an admirable job given what he has to work with.

Slott gave Peter a new job at a science think tank (I always thought it odd that a science prodigy made a living as a photographer), Peter’s post-MJ love life is genuinely interesting, and all the plot lines are deftly

interwoven. I had missed out on some relevant story points in the past couple of years, like Peter’s new girlfriend and Aunt May’s wedding, but they’re explained decently and I didn’t feel lost or confused by the changes in the status quo.

The story starts with a fun Avengers team-up against some of Doc Ock’s robot minions, but most of the action centers around Spidey’s team-up with fan favorite Black Cat against a new Hobgoblin in the employ of the Kingpin. The new Hobgoblin is funny and irreverent, yet maniacal and threatening, just as a good Hobgoblin should be, and the presence of a strong villain is a tremendous benefit to the story.

However, there are a few loose plot threads about the Daily Bugle that don’t resolve very well. Furthermore, several pages are dedicated to setting up a future story arc that brings back Alistair Smythe, an old enemy who builds robots called Spider-Slayers. I was never fond of the Spider-Slayers myself, and I would just as soon dedicate the extra pages to Hobgoblin committing petty crimes for his own amusement, but at least they’re taking the time to set up the next important villain instead of plopping him into a story with no explanations.

Most importantly, though,

Slott really “gets” Spider-Man. He never forgets that for all of Spider-Man’s super-powered villains and city-threatening problems, Peter Parker’s personal problems always belong in the mix. Everything about this Peter Parker, from the quips and one-liners to the screwy personal life to the wonderfully clever battle tricks, comes off pitch-perfect. Slott brings in every aspect of the classic Peter Parker character, but the writing never feels cluttered.

While the writing is some of the best “The Amazing Spider-Man” has ever seen, the artwork doesn’t match it. Despite having success with a solo writer, Marvel still insists on rotating artists every issue or two, and the book suffers from it. One could argue that changing up the artists gives the artwork some variety, but I think “inconsistent” is a much more fitting description.

Despite the art and story issues, “Big Time” is still a prime example of a good superhero comic, thanks to excellent writing, and it’s the first time since 2007 that Spider-Man has taken a major step in the right direction. I give “The Amazing Spider-Man: Big Time” 4.5 out of 5 stars.

Brian Hampel is a senior in architecture. Please send comments to [edge@kstatecollegian.com](mailto:edge@kstatecollegian.com).

# How to reinvent old accessories for a fresh look: 4 fun fashion tips



One of the best things about accessories is they have the potential of never going out of style. Accessories can be used from generation to generation, as well as from season to this season. If you are able to rock what you have, then continue to show your personal style. Here are some interesting ways to take old accessories and make them seem new.

**1. Using scarves inventively**

A scarf can be worn many different ways around your neck. It can be wrapped, knotted or doubled up, in the shape of a triangle or rounded off. Scarves are very dynamic and can be used in many different ways. If you have clothing, necklaces, bracelets or even makeup that still match your scarf, it can still be considered in style.

Another way to use a scarf is to wear it in your hair. A scarf can be used many different ways as a wrap, and different types of scarves make for dif-

ferent types of wraps. Square scarves can be used as a tie in a ponytail or many other up-dos.

Scarves are one accessory that can never go out of style, especially here in Kansas. Kansas has four seasons; you can wear a scarf as a practical or a fashion accessory.

**2. Vintage accessories can be used any time**

Being in college means that most students live on a budget. Thrifting has become a new fad that many different people participate in. Going to a thrift store or Goodwill makes it easier for students to find vintage jewelry at a discounted price.

Another way to find vintage accessories is by asking family members if they have any old clothing, jewelry, handbags or shoes. Accessories can be passed down generationally and can make for an interesting story.

Vintage accessories allow you to intertwine different stories and styles into your own personal look. The vintage look also provides accessories on the cheap, which is always an added bonus to college students.

**3. Recycle old or broken jewelry**

Ever saved all of the old pieces of a broken necklace or

bracelet because you loved that piece of jewelry so much? Yeah, me too. Well, there is a solution to reusing that piece of jewelry.

If it is a necklace and you lost some of the pieces, you could easily make it into a bracelet and still wear it with the same clothing. If the necklace or bracelet is completely broken, you could turn those broken pieces into earrings or adapt the broken pieces into a more simplistic version of the original piece.

Tools necessary to repair broken jewelry can be found in stores like Hobby Lobby and Walmart.

**4. Check out the Pinterest DIY section**

This section on Pinterest is one of the best ways to find the inspiration to reinvent the accessories you currently have. Pinterest has a plethora of different ideas on how to revitalize the jewelry, scarves, or old shoes you may have thought were not salvageable. Go forth and be creative with the ideas and possibilities that are offered on the site.

Jakki Thompson is a sophomore in journalism and mass communications, women’s studies and American ethnic studies. Please send comments to [edge@kstatecollegian.com](mailto:edge@kstatecollegian.com).



A night on the water



Jed Barker | Collegian

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050-Parties-n-More  
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100

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105-Rent-Apt. Furnished  
110-Rent-Apt. Unfurnished  
115-Rooms Available  
117-Rent-Duplexes  
120-Rent-Houses  
125-Sale-Houses  
130-Rent-Mobile Homes  
135-Sale-Mobile Homes  
140-Rent-Garages  
145-Roommate Wanted  
150-Sublease  
155-Stable/Pasture  
160-Office Space  
165-Storage Space

200

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230-Lawn Care  
235-Child Care  
240-Musicians/DJs  
245-Pet/Livestock Services  
250-Automotive Repair  
255-Other Services

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Employment/Careers

310-Help Wanted  
320-Volunteers Needed  
330-Business Opportunities  
340-Fundraisers/Scholarships

400

Open Market

405-Wanted to Buy  
410-Items for Sale  
415-Furniture to Buy/Sell  
420-Garage/Yard Sales  
430-Antiques  
435-Computers  
445-Music Instruments  
450-Pets/Livestock & Supplies  
455-Sporting Equipment  
460-Electronic Equipment  
465-Tickets to Buy/Sell

500

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510-Automobiles  
520-Bicycles  
530-Motorcycles

600

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610-Tour Packages  
630-Spring Break

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Concepts Sudoku By Dave Green

				8					
6	4			5					
5			7		2		9		
			3	8		4			
	6				3				
8	2		4			3			
		2			6	1			
	9								

Difficulty Level ★★★★★

9/103

Answer to the last Sudoku.

6	5	3	7	1	8	9	2	4	
1	7	9	2	4	5	6	3	8	
2	8	4	6	3	9	5	1	7	
4	3	7	9	2	6	1	8	5	
9	6	5	1	8	4	2	7	3	
8	2	1	3	5	7	4	9	6	
5	1	2	4	7	3	8	6	9	
3	4	6	8	9	2	7	5	1	
7	9	8	5	6	1	3	4	2	

Difficulty Level ★★★★★

9/102

"Real Options, Real Help, Real Hope"

Free pregnancy testing

Totally confidential service

Same day results

Call for appointment

Mon.-Fri. 9 a.m.-5 p.m.

Across from campus in Anderson Village



## ENERGY | Official: greater efficiency needed before exploring alternatives

Continued from page 1

tainable energy you can use is energy you don't use," said Champion, a 2002 alum who took his current position in 2008. "We don't have extensive amounts of it, but we have a few small installations."

According to Champion, among these installations is a wind turbine on K-State property that feeds into the Manhattan Fire Station at the intersection of Denison and Kimball avenues. The university also owns a 750-watt turbine donated by Westar Energy several years ago that has yet to be installed due to the costs of refurbishing and erecting it.

Matt DeCapo, graduate student in geography and member of Students for Environmental Action, said that the area has "abundant wind and solar resources," but that there isn't a sufficient number of turbines and solar panels to harness them.

"More solar panels and more turbines give us more renewable energy," DeCapo said. "The way our power grid is set up, a majority of our power is generated" at Jeffrey Energy Center, the coal-fired plant in St. Mary's Kan.

According to DeCapo, the university "has different priorities."

"I think K-State is making progress, but we need more support and funding," he said. "The administration doesn't consider it important, but it's our generation that has to deal with the consequences."

Casey Lauer, director of K-State's energy and environment program, said it makes more sense to make the university as energy-efficient as possible before focusing on utilizing alternative energy.

"At this stage, it's like trying to make a Humvee into a hybrid," said Lauer, who describes his role at K-State as saving the university money on utilities and reducing energy consumption on campus.

Lauer, who was been with the university since 2010, said that a \$1.3 million grant from the Department of Energy last year allowed the installation of energy meters on individual buildings on campus.

"At this stage, it's like trying to make a Humvee into a hybrid."

Casey Lauer  
director of K-State's energy and environment program

"Just the ability to monitor energy use has saved us hundreds of thousands of dollars," he said.

Lauer also noted that the political atmosphere in the state of Kansas does not encourage the use of alternative energy.

"The political climate makes it tough," he said. "We need tax incentives to make it economical. Until that happens, I don't see it taking off."

According to Champion, the university is "headed in the right direction" with regard to sustainable energy practices.

"There are real-world complications, so it's not just a matter of doing it," he said. "It's going to take additional leadership and effort. We don't have a policy in place yet, so we need to create a standard that goes above and beyond."

## BLOOD | Donors in constant demand

Continued from page 1

even, steady pacing. We've had a great response so far, and we hope to continue that."

Skyesha Albanese, sophomore in computer science, donated blood in the Grand Ballroom of the K-State Student Union on Wednesday morning. It was her fourth time donating blood but her first time at K-State.

"Being able to help somebody in need is important," Albanese said. "The statistics say that not many people do donate, so just being one of the few that actually do is a good feeling."

While it's her first K-State blood drive, Albanese said it won't be her last.

"I hope to continue to donate," Albanese said. "People think it's scary, but it's really not that bad."

The American Red Cross uses word of mouth and social media, among other methods, to reach students.

"Hopefully, as students are out wearing their shirts they get here and going to class and kind of spreading the word, we will attract more students," Ingalls said. "We've got our K-State blood drive Twitter and Facebook going, too. We are hoping people will start following us on Facebook and we'll be able to get that stuff out there."

Justin Theleman, senior in biology and president of K-State's new

American Red Cross Club, said he was happy with the club's involvement in the blood drive. Group members helped run the blood drive at the Union on Tuesday.

"We had a lot of volunteers. We weren't short-staffed at all," Theleman said. "We had a lot of people come in and donate. There was a steady line all day. All in all, we had a good day."

"I hope to continue to donate. People think it's scary, but it's really not that bad."

Skyesha Albanese  
sophomore in computer science

The group's next plans include certifying all members in CPR and first aid and bringing their message to local elementary schools.

"We will absolutely help with further K-State blood drives too. That will remain the main focus because that's what the American Red Cross is all about," Theleman said.

Keller said she was pleased to work with the club.

"It's great to have them be involved and staffing the event. The idea was to kind of get some new people helping out and re-energize the club. I think it's great

that they've been able to do that," Keller said.

The blood drive will continue through Friday. The Union donation center is open today from 10:30 a.m. to 4:30 p.m., and the Putnam Hall location is open from 2:30 p.m. to 8 p.m. Tomorrow, the Union will be open from 8:30 a.m. to 2:30 p.m.

Students can stop by and make an appointment for a later time, or donate without an appointment.

"It's important to drink lots of water and make sure you eat a meal before you donate," Keller said. "Having enough iron is very important. And don't drink tea, because that can actually decrease your iron. Drink twice as much water as normal and make sure you eat well and enough the day before, and right before, you donate."

The importance of donating blood goes beyond the K-State blood drive, Keller said.

"If we had a family member, our mother, father, grandparent, child, who needed blood, we would do anything we could for them. We would run to the hospital right now, we'd come to the blood drive today and give blood," Keller said. "What's important to remember is that it's someone's family member, their mom, or their dad, or their child, who needs that blood. You're helping save up to three lives. That's what's important about it."



Late Night

The Collegian Guide to Weekend Food and Drink Specials

THIS WEEK'S DEALS	THURSDAY	FRIDAY	SATURDAY
 <div>616 N. 12th St. Manhattan, KS 66502</div>	<b>\$2.50 Tarantulas</b> <b>4pm - 7pm</b> <b>\$3.75 Tallgrass Pints</b> <b>11pm - Close</b>	<b>\$2 Wells</b> <b>4pm - 7pm</b> <b>\$2 Kami Shots</b> <b>9pm - 11pm</b>	<b>\$1.50 Margaritas</b> <b>4pm - 7pm</b> <b>\$3 UV Bombs</b> <b>9pm - 11pm</b>
 <div>1206 Moro (785) 320-7664</div>	<b>\$1 O-Bombs</b> <b>\$2 Bottles &amp; Pints</b> <b>\$2 Jäger Shots &amp; Bombs</b>	<b>\$3.50 Coronas</b> <b>\$2 O-Bombs</b> <b>\$2.50 BL Cans</b>	<b>Check us out on twitter @DRINX_</b>
 <div>(785) 320-7711 710 N. Manhattan Ave.</div>	<b>\$5 Endless Pasta</b> <b>\$5 Bottle of Wine</b> <b>\$2 Domestic</b>	<b>\$4 Summer Brew</b> <b>\$2 Rumple 4 pm - 11 pm</b> <b>\$5.99 63 Burgers</b> <b>Happy Hour 1 am - Close</b>	<b>\$4 Summer Brew</b> <b>\$2 Rumple 4 pm - 11 pm</b> <b>\$5.99 63 Burgers</b> <b>Happy Hour 1 am - Close</b>
 <div>317 Poyntz Ave, Manhattan, KS 66502 (785) 776-2119</div>	<b>\$6.25 60 oz. Domestic Pitchers</b>	<b>\$2 Rum &amp; Pepsi</b> <b>\$4.50 32 oz. Draws</b>	<b>\$4.50 32 oz. Draws</b>
 <div>(785) 537-9090 900 Hayes Dr. Open until 3 am</div>	<b>\$10 Large 1-Topping Pizza</b> <b>Delivery Only</b>	<b>\$10 2 small 1-Topping Pizzas</b> <b>Delivery Only</b>	<b>\$10 Large 1-Topping Pizza</b> <b>Delivery Only</b>
 <div>(785) 539-9393 608 N. 12th St.</div>	<b>\$10.99 Steak Night</b> <b>\$5.50 Carafes of Sangria</b>	<b>\$4.50 New Orleans Original Pat O'Brien Hurricanes</b>	<b>Herb Crusted Prime Rib after 5 pm</b> <b>\$4.50 Long Islands</b>
 <div>785-238-7571 1330 Grant Junction City</div>	<b>\$3.25 48 oz pitcher</b> <b>\$1 Rum, Vodka, Gin Wells</b>	<b>Free admission with football ticket (21+ only)</b>	<b>7:30 - 9:30</b> <b>Free admission with military ID (21+ only)</b>
 <div>(785) 537-7151 706 N. Manhattan Ave.</div>	<b>\$1.75 Domestic Draws</b> <b>\$2 All Bottles</b>	<b>\$3 Domestic Pints</b> <b>\$2.50 Highlife &amp; Busch Light Bottles</b>	<b>Live music on the patio!</b>
 <div>(785) 537-7151 706 N. Manhattan Ave.</div>	<b>50¢ Tacos</b> <b>\$2 any pint</b> <b>\$2 bombs</b>	<b>\$3 Boulevard Pints</b> <b>Try a Boulevard Burger</b>	<b>Come see us for lunch and dinner!</b>
 <div>(785) 537-8910 1204 Moro</div>	<b>\$2 Bottles</b> <b>\$2 Domestic Pints</b> <b>1/2 off Margaritas</b>	<b>\$3.50 Coronas</b> <b>\$2 Pounders 10pm - 12am</b> <b>And Happy Hour!</b>	<b>Check us out during Happy Hour!</b> Check us out on twitter @TheSaltyRim
 <div>(785) 320-7242 101 Moro @WahooManhattan</div>	<b>1/2 priced Summer Beer</b> <b>\$2 Pork Sliders</b>	<b>1/2 priced Sangria</b> <b>Fish 'n Chips</b>	<b>Come see us for lunch and dinner!</b>
 <div>Valid at Manhattan &amp; Junction City locations</div>	<b>Free Chili Cheese Fries with purchase</b> Valid from 8pm to 1am with student ID	<b>\$1.99 Jr. Bacon Cheeseburger Value Meal</b> Valid from 8pm to 1am with student ID	<b>1/2 price Drinks &amp; Shakes</b> Valid from 8pm to 1am with student ID